






Opportunities for Physical Development

Physical Development is a gradual process throughout Primary

	Nursery	Reception	Early Key Stage 1	Upper Key Stage 1	Key Stage 2
Movement & Development	Movement & Development	Experimenting & Development	Developing Control		Competition
Skills 	Basic Skills	Opportunity to Development Skills	Opportunity to Develop Control over Skills (FMS)		Opportunity to Implement FMS into more complex games and sport, using equipment, working in teams
Games 	Basic	Fun Games	Structured Games (deeper concepts)		Games & Sports with competence
Competition 	Little	Basic competition & co-operative play	Competition against self Basic Team Competition		Competitive sports including Inter/Intra School sports
ABC'S 	Developing	Developing	Control (revisit basics)		Control (revisit basics)
Language 	Basic	Aware of what they are doing	Articulate their movements Positional language & by end of KS1 perform basic peer assessment		By end of KS2 articulate and movement and competition