**London Bridge (Mini Yo!)**

Split children into two groups

One group to pretend to be bridges

The other group pretend to be boats, staying still for a short while and then pushing themselves around on their bottoms, pretending to be rowing around a river

On adult’s command the groups swap over, try to swap over regularly so that bridges do not get too tired

**Benefits**

This develops gross motor skills, balance, coordination, spatial awareness, core strength and body strength.

**S.T.E.P. into Year 1:**

 S – Create specific pathways for the boats – can they pick things up on the way?

 T – Create an active story incorporating other modes of transport

 E – Equipment could be used as the stories develop to represent other obstacles you might face while driving a vehicle.

 P – Planning teams could have 2/3/4 members

 **STEP – Adapt the Space, Task, Equipment, People to make the activity harder, or easier.**



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