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**Early Years Physical Skills**

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| AimingAvoidingBalancingBendingBouncingCarryingCatchingChanging DirectionChasingClappingClimbingCollectingCombining MovementsCrawlingCreepingCuttingDiggingDistanceDodgingDrawingDribblingEvadingExperiment | FeelingFlickingGallopingGesturingGrippingGraspingHandlingHangingHeightHidingHittingHoldingHoppingJumpingKickingLandingLeapingLiftingLyingMarchingMatchingMouldingPainting | PathwayPicking upPinchingPivotingPlacingPointingPredictingPressingProddingPulling PushingReachingReceivingRhythmRockingRollingRotatingRunningScoringShootingShufflingSkippingSliding | SpeedSlither SpinningSplashingSquattingSqueezingStackingStandingSteppingStoppingStretchingStrikingTakingTip ToeTappingThrowingTouchingTurningTwistingVolleyWalkingWavingWiggling |  |
| Indoors/OutdoorsWriting |  |  |  |
| **On Their Own**Being Spontaneous and CreativeDressing/UndressingEnjoymentEvaluatingFollowing RulesIndependentKeeping Score (Counting)Making DecisionsReflectingRememberingSeeingSelf-AwarenessWatching | **With Other Children**Being ResponsibleBeing SeenCaringChallengingCopyingDescribing and Talking about and activityDiscussingEncouragingEngagingExploringFeeding backFollowingGreetingHoldingIn a Pair/Group/TeamInteracting | **With Other Adults**Leading Solving ProblemsListeningMeetingMimickingMirroringMove at the same time Move at different timePraisingPartingPlayingProblem SolvingReassuringRepeatingSharingTaking TurnsTrusting |  |