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| **Bounce** | |  | | | | | | | | | | | |
| **Changing Directions** | | |  | | | | | | | | | | |
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| **Catch** | | | | | | | | |  | | | | |
| **Chase** | |  | | | | | | | | | | | |
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| **Combining Movements** | | | | | |  | | | | | | | |
| **Climb** | |  | | | | | | | | | | | |
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| **Creep** | |  | | | | | | | | | | | |
| **Dance** | | | | | | | | |  | | | | |
| **Dig** | | | | | | | | |  | | | | |
| **Dodge** | |  | | | | | | | | | | | |
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| **Dribble** | |  | | | | | | | | | | | |
| **Evade** | |  | | | | | | | | | | | |
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| **Gallop** | | | | | | | | | |  | | | |
| **Hang** | | | | | | | |  | | | | | |
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| **Hit** | | | | | | |  | | | | | | |
| **Hop** | | | | | | | | |  | | | | |
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| **Jump** | | | | | | | | |  | | | | |
| **Kick** | |  | | | | | | | | | | | |
| **Land** | | | | | |  | | | | | | | |
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| **Leap** | | | | | |  | | | | | | | |
| **Lift** | | | | | |  | | | | | | | |
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| **March** | | | | | | |  | | | | | | |
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| **Roll** |  | | | | | | | | | | | | |
| **Run** | | | | | |  | | | | | | | |
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| **Shuffle** | | | | | | | | |  | | | | |
| **Skip** | | | | | | | | |  | | | | |
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| **Slide** | | | | | | |  | | | | | | |
| **Slither** | | | | |  | | | | | | | | |
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| **Squat** | | | | | | | | | | | | |  |
| **Stack** | |  | | | | | | | | | | | |
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| **Strike** | | | | | |  | | | | | | | |
| **Tap** | |  | | | | | | | | | | | |
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| **Throw** | | | | | | | | | | | |  | |
| **Twist** | | | | | | | | | | |  | | |
| **Volley** | | | | | | | | |  | | | | |