**Year Group 3**

**Bench Ball Unit**

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| **Objective** | **Planning links** | **Resources** |
| **End Ball** | For the first 4 weeks the game of end ball will be the focus game.For these 4 lessons, the structure will be warm up, skills, game, cool down.Rules for End Ball can be found in the additional resources section.Practises could include:Competitive passing drills3v1 games in a square – aim to keep possession3v1 – get from 1 side to the other of a rectangle.Apply STEP: Where neededFocus on S, T and P. | Coloured bibsFloor markingsSize 4 balls**The end ball and bench ball rules also include top tips on how to develop an understanding of spatial awareness and positional play.** |
| 1. To pass and receive a ball with control and accuracy. |
| 2. To understand the roles in a team specific to bench ball. |
| 3. To share strategies of how to beat an opponent. |
| 4. To make decisions that have a positive effect on the game. |
| **Bench Ball** | The end outcome now changes to Bench Ball. Rules of Bench Ball are available in the additional resources section. Repeat the 4 previous objectives but within the game of bench ball.For these 4 lessons the structure will be warm up, game (Objectives being shared using AFL), then cool down. Before every game, share the objective and ask for feedback against that objective before, during and after the game. | Coloured bibsFloor markingsSize 4 balls2 benches per game – use skipping ropes if outside. |
| 1. To pass and receive a ball with control and accuracy. |
| 2. To understand the roles in a team specific to bench ball. |
| 3. To share strategies of how to beat an opponent. |
| 4. To make decisions that have a positive effect on the game. |

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**Bench Ball Unit**

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| Spatial awareness - **End ball**Objectives:1. To pass and receive a ball with control and accuracy.2. To understand the roles in a team specific to bench ball.3. To share strategies of how to beat an opponent.4. To make decisions that have a positive effect on the game. |
| **Minus** | **Equals** | **Plus** |
| Spatial awareness – **Bench Ball**Objectives:6. To pass and receive a ball with control and accuracy.7. To understand the roles in a team specific to bench ball.8. To share strategies of how to beat an opponent.9. To make decisions that have a positive effect on the game. |
| **Minus** | **Equals** | **Plus** |