**End Ball Rules**

2 equal teams

Large space – Rectangle shaped

Each team go and stand at their own end they are defending.

Their catcher, the person who will receive the ball at the other end, then goes and stands at the opposite end – behind the line.

The catcher can stand anywhere along that end line to catch the ball.

Both teams start at their own end, but one team start with the ball.

When the starting whistle is blown, the team with the ball try to pass the ball all the way to the other end, and throw it to their catcher.

If they do they get a point, and the thrower who passes it to the catcher, changes places.

The other team now start with the ball at their own end.

No running with the ball. If you do, the ball goes to the other team and they start where the player was running.

If the ball goes off the side, the last player that touched it is said to have knocked it out, and the other team have a throw in from where it goes out.

**TOP TIP:**

Start with the playing area split into 4 with cones, helping them to stay in a space. This can be introduced after starting the game as the children will be able to see they need to learn to spread out quickly. Once discussed, the floor cones can be introduced. Once they get better, just split it into 2 halves.

If you introduce this, the start of the game will be done by the same players who are playing in the back quarters.