|  |  |  |
| --- | --- | --- |
| 1. **Teacher taught (3 sets)**
 | 1. **Obstacle scene (4 sets)**
 | **Peer taught obstacle scene**  |
| 8 counts to move arms holding gun gesture down, round and back up to right shoulder.  |  |  |
| 4 counts to walk forwards R/L/R/ legs apart on 4th count. 5 jump to the right, 6 jump to the left. |  |  |
|  7 cross right foot over it. 8 turn to face back bring arms down.  |  |  |
| 1 cross arms over with fist in front of face. 2 open arms out as if holding onto parachute strings |   |  |
| 3, 4, pause (arms still up) 5 look right. 6 look left.  |  |  |
| 7 step to the right. 8 step together arms come down. |  |  |

**3.Fighting (8 sets)**

**Name:**

**Year 5: James Bond**

**4.Intimidation scene (8 Sets):**

**5. Freeze frames**

**Peer and Self-Assessment**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **1.Teacher taught**  | Self-assess | Peer-assess | **2.Obstacle scenes** | Self-assess | Peer-assess |
| Hitting the beat |  |  | Hitting the beat  |  |  |
| Strong actions |  |  | Fluency  |  |  |
| Facial expression |  |  | Changes of levels  |  |  |
| Clean changes into next position |  |  | Changes of direction |  |  |
| **Assessment level** |  |  | **Assessment level** |  |  |
| **3.Fighting**  |  |  | **4.Intimidation**  |  |  |
| Basic fighting movement |  |  | Clear Levels  |  |  |
| Strong movements |  |  | Pathways and directions  |  |  |
| Pathways & directions  |  |  | Clear dynamics  |  |  |
| Changing of levels |  |  | Facial expression  |  |  |
| **Assessment level** |  |  | **Assessment level** |  |  |
| **5.Freeze frames** |  |  | **6.Free style** |  |  |
| Strong movements  |  |  | Strong movements |  |  |
| Changes of levels |  |  | Pathways and directions |  |  |
| Clear dynamics |  |  | Change in dynamics  |  |  |
| **Links between freeze frames** |  |  | Use of music |  |  |
| **Assessment level** |  |  | **Assessment level**  |  |  |
| Things they did well |  |
| Things they could improve on: | 1. |
|  | 2. |
|  | 3. |
| **Overall Self-assessment**  | Assessment level  | Attitude level |
| **Overall Peer-assessment**  | Assessment level  | Attitude level  |