**Year Group 6**

**Dance Unit**

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| **Objective** | **Planning links** |
| **Acquisition** |  |
| 1. To show an understanding of why it is important to warm up and cool down. | Example planning is available for this unit in the additional resources section.  You will also need to refer to TOPs cards to support the delivery of the unit. |
| 2. To explore and improvise ideas for dances, working on their own, with a partner and in a group. |
| 3. To compose dances by using, adapting and developing steps, formations and patterning. |
| 4. To describe, analyse, interpret and evaluate dances, showing an understanding of some aspects of style and context. |
| 5. To understand why dance is good for their fitness, health and wellbeing. |
| 6. To explore, improvise and combine movement ideas fluently and effectively. |
| **Application** |
| 7. To create and structure motifs, phrases, sections and whole dances. |
| **Acquisition** |
| 8. To understand how a dance is formed and performed. |
| **Application** |
| 9. To evaluate, refine and develop their own and others’ work. |

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**Dance Unit**

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| **Skill Acquisition**  **Objectives:**  1. To show an understanding of why it is important to warm up and cool down.  2. To explore and improvise ideas for dances, working on their own, with a partner and in a group.  3. To compose dances by using, adapting and developing steps, formations and patterning.  4. To describe, analyse, interpret and evaluate dances, showing an understanding of some aspects of style and context.  5. To understand why dance is good for their fitness, health and wellbeing.  6. To explore, improvise and combine movement ideas fluently and effectively.  8. To understand how a dance is formed and performed. | | |
| **Minus** | **Equals** | **Plus** |
| **Skill Application**  **Objectives:**  7. To create and structure motifs, phrases, sections and whole dances.  9. To evaluate, refine and develop their own and others’ work. | | |
| **Minus** | **Equals** | **Plus** |