**Year Group 1**

**Autumn Term 1**

**Skill Focus: Locomotion (1)**

Generic skill to develop in every session: Communication & self-control/management of behaviour.

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| **Objectives:** | **Activity Development** | **Resources** |
| can **walk** with increasing control, knowledge and understanding. | Activity ideas to work towards this terms outcomes can be found in the additional resources section.To develop these areas of movement, opportunities need to be open not only in their PE lessons, but at break and lunchtimes, in other lessons across the curriculum, and in after school contexts. | Activity planning has been provided to help you teach this area of movement:* Active Cube
* Active Stories
* Animal Obstacle course
* Ball stop
* Beanbag relay
* Big nursery rhymes
* Cats and cobras
* Cats and rabbits
* Colours
* Chasing tag
* Enchanted Forest
* Four corners
* Hop leap and jump
* Hunts
* London Bridge
* Magic rocks and the Giant
* Mini Yo!
* Movement to music
* Number circles
* Number hide and seek
* On the farm
* Paper fortune teller
* Shadows
* Superheroes to the rescue
* Stop and Go
* Slow Mo
* Racing animals.
 |
| I can **run** with increasing control, knowledge and understanding. |
| I can **dodge** with increasing control, knowledge and understanding. |
| I can **stop** with increasing control, knowledge and understanding. |
| I can **roll** with increasing control, knowledge and understanding. |
| I can **gallop** with increasing control, knowledge and understanding. |
| I can **creep** with increasing control, knowledge and understanding. |
| I can **slither** with increasing control, knowledge and understanding. |
| I can **crawl** with increasing control, knowledge and understanding. |
| I can **follow instructions** with increasing control, knowledge and understanding. |

**Year Group 1**

**Autumn Term 1**

**Skill Focus: Locomotion (1)**

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| **Objectives:**1. I can **walk** with increasing control, knowledge and understanding.
2. I can **run** with increasing control, knowledge and understanding.
3. I can **dodge** with increasing control, knowledge and understanding.
4. I can **stop** with increasing control, knowledge and understanding.
5. I can **roll** with increasing control, knowledge and understanding.
6. I can **gallop** with increasing control, knowledge and understanding.
7. I can **creep** with increasing control, knowledge and understanding.
8. I can **slither** with increasing control, knowledge and understanding.
9. I can **crawl** with increasing control, knowledge and understanding.
10. I can **follow instructions** with increasing control, knowledge and understanding.
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| **LAP** | **MAP** | **HAP** |
| Pupils who need additional movement support: | Pupils who are showing G&T movement: | Additional comments: |