**Year Group 1**

**Autumn Term 1**

**Skill Focus: Locomotion (2)**

Generic skill to develop in every session: Communication & self-control/management of behaviour.

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| **Objectives:** | **Activity Development** | **Resources** |
| I can **run** with increasing control, knowledge and understanding. | Activity ideas to work towards this terms outcomes can be found in the additional resources section.  **Some of the movements from Locomotion 1 have been continued, alongside the newly introduced movements.**  To develop these areas of movement, opportunities need to be open not only in their PE lessons, but at break and lunchtimes, in other lessons across the curriculum, and in after school contexts. | Activity planning has been provided to help you teach this area of movement:   * Active Cube * Active Stories * Animal obstacle courses * Hunts * London Bridge * Mini Yo! * Paper fortune teller * Shadows |
| I can **dodge** with increasing control, knowledge and understanding. |
| I can **weave** with increasing control, knowledge and understanding. |
| I can **twist** with increasing control, knowledge and understanding. |
| I can **roll and slide** with increasing control, knowledge and understanding. |
| I can **evade** with increasing control, knowledge and understanding. |
| I can **climb** with increasing control, knowledge and understanding. |
| I can **pull and push** with increasing control, knowledge and understanding. |
| I can **swing** with increasing control, knowledge and understanding. |
| I can **follow instructions** with increasing control, knowledge and understanding. |

**Year Group 1**

**Autumn Term 1**

**Skill Focus: Locomotion (2)**

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| **Objectives:**   1. I can **run** with increasing control, knowledge and understanding. 2. I can **dodge** with increasing control, knowledge and understanding. 3. I can **weave** with increasing control, knowledge and understanding. 4. I can **twist** with increasing control, knowledge and understanding. 5. I can **roll and slide** with increasing control, knowledge and understanding. 6. I can **evade** with increasing control, knowledge and understanding. 7. I can **climb** with increasing control, knowledge and understanding. 8. I can **pull and push** with increasing control, knowledge and understanding. 9. I can **swing** with increasing control, knowledge and understanding. 10. I can **follow instructions** with increasing control, knowledge and understanding. | | |
| **LAP** | **MAP** | **HAP** |
| Pupils who need additional movement support: | Pupils who are showing G&T movement: | Additional comments: |