**Year Group 1**

**Summer Term**

**Skill Focus: Projection**

Generic skill to develop in every session: Communication & self-control/management of behaviour.

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| **Objectives:** | **Activity Development:** | **Resources/Planning:** |
| I can **throw objects** with increasing control, knowledge and understanding. | Activity ideas to work towards this terms outcomes can be found in the additional resources section.  To develop these areas of movement, opportunities need to be open not only in their PE lessons, but at break and lunchtimes, in other lessons across the curriculum, and in after school contexts. | * Active cube * Aim and score * Animal Obstacle course * Ball Stop * Balloon Keepie-upies * Bean bag relay * Cats and rabbits * Cone catches * Colours * Chasing tag * Enchanted forest * Monkey madness * Paper fortune teller * Scarf dance * Throw catch * The knight |
| I can **bounce objects** with increasing control, knowledge and understanding. |
| I can **strike objects** with increasing control, knowledge and understanding. |
| I can **aim at objects** with increasing control, knowledge and understanding. |
| I can **kick objects** with increasing control, knowledge and understanding. |
| I can **flick objects** with increasing control, knowledge and understanding. |
| I can **spin objects** with increasing control, knowledge and understanding. |
| **Locomotion skill** introduced later than the others as it is more difficult to do: |
| I can **skip** with increasing control, knowledge and understanding. |

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**Summer Term**

**Skill Focus: Projection**

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| **Objectives:**   1. I can **throw objects** with increasing control, knowledge and understanding. 2. I can **bounce objects** with increasing control, knowledge and understanding. 3. can **strike objects** with increasing control, knowledge and understanding. 4. I can **aim at objects** with increasing control, knowledge and understanding. 5. I can **kick objects** with increasing control, knowledge and understanding. 6. I can **flick objects** with increasing control, knowledge and understanding. 7. I can **spin objects** with increasing control, knowledge and understanding. 8. I can **skip** with increasing control, knowledge and understanding. | | |
| **LAP** | **MAP** | **HAP** |
| **Pupils who need additional movement support:** | **Pupils who are showing G&T movement:** | **Additional comments:** |