**Year 3 & 4 Netball Unit**

**Learning Objectives**

Literacy Focus

Students will be able to Describe how we (warm up)

**Key words**

Control

Accuracy

Chest pass

Bounce pass

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To be able to control the ball with two hands, while moving

To replicate 3 types of passing

To demonstrate accuracy when passing

**Extension –** To be able to describe how to warm up

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| **Phase** | **Time** | **Process** | **Resources** |
| Starter/Warm up | 5 | Share learning objectives and set clear expectations for the unit.  Students will follow teacher mobility exercises. (Turn ankles, Bailey Boogie, Broderick Boogie etc.)  Explain to students why we warm up using; PIP  **P**revent Injury  **I**mprove Performance  **P**repare Body and Mind  Students will repeat and answer questions (AFL – Call and Response) extension level 3 | . |
| Warm up/ recap activity  Increase HR  Safe Stretch | 10 | Students will take part in relay style activities to demonstrate control of the ball (two hands either side of the ball)   * Move around cones * Move around with ball * Ball around the body * Ball through legs * Vary speeds   Bronze Award - To control the ball with two hands, while moving. **(Level 1)**  During safe stretches students will again repeat and answer questions (AFL – Call and Response) extension - level 3 | Marker cones  Netballs size 4’s  *Teacher led* | |
| Activity 1  (New Learning)  Pepper  Mini Plenary | 15  3 | Students will be split into groups of 4  One will be identified as the catcher and control the drill.  Start with 1 ball catcher randomly throws the ball to the other 3 who return it to the catcher.  Extension = use 2 or 3 balls and increase speed, extend distance. ***(G&T)***  Try to encourage different types of throws by giving challenges   1. Imagine a tall defender is stood close 2. Imagine a defender is in-between you   Teacher demonstrates Chest pass, Bounce pass and Overhead pass or student demonstrates it  **Sliver –** To replicate 3 types of passing. **(Level 2)**  **Gold –** To demonstrate accuracy when passing **(level 3)** | Cones, whistle  *Guided discovery*  *Reward controlled passing and listening skills.*  *Teacher or pupil demonstration* | |
| Activity 2  (Show you know/Increase the speed) | 15 | Zig-Zag passing.  Students will split into 4 teams and use the chest pass to complete the zig zag drill  Extend the drill by getting students to run to the back of the cue was they have passed, or introduce another ball  **Gold –** To demonstrate accuracy when passing **(level 3)**  Finish by adding an element of competition lines 1 and 2 race against 3 and 4. | *Teacher led*   * *Keep focus on technique when adding the element of competition* | |
| Cool down  (Plenary) | 12 | Finish with relay like starter in reverse.  Ask students why ?  Students to lie, squat or Jump. Lie down if they didn’t achieve, squat if they think they did but not totally confident and Jump if they achieves (AFL –Self assessment) |  | |

**Teacher Notes:**

Main issues: - \* New group still require baseline targets. \* Primary teacher to make PE teacher aware of SEN requirements for students involved.

Initial assessments for baseline targets to be set for some students

**Assessment Notes:**

Students will be assessed through teacher observation, and self-assessment. The assessment will be taken from the national curriculum levels for physical education.

Aspect of NC level 1 for PE covered in this lesson = . explore simple skills and actions with basic control and coordination.

Aspect of NC level 2 for PE covered in this lesson = . They copy, remember, repeat and explore simple actions with control and coordination.

Aspect of NC level 3 for PE covered in this lesson = Pupils select and use skills, actions and ideas appropriately, applying them with coordination and control

Aspect of NC level 2 for PE covered in this lesson = They understand how to exercise safely, and describe how their bodies feel during different activities.

Students will be assessed through various methods of AFL = Self - assessment verbal feedback, questioning and teachers observations

Differentiation = Gold, Silver and Bronze learning objectives, student led learning and choice of Shape and quality of body tension, teacher feedback and questioning. Mixed ability grouping for activities,

Provided for G&T through applying increased speed combined with accuracy in their drill.