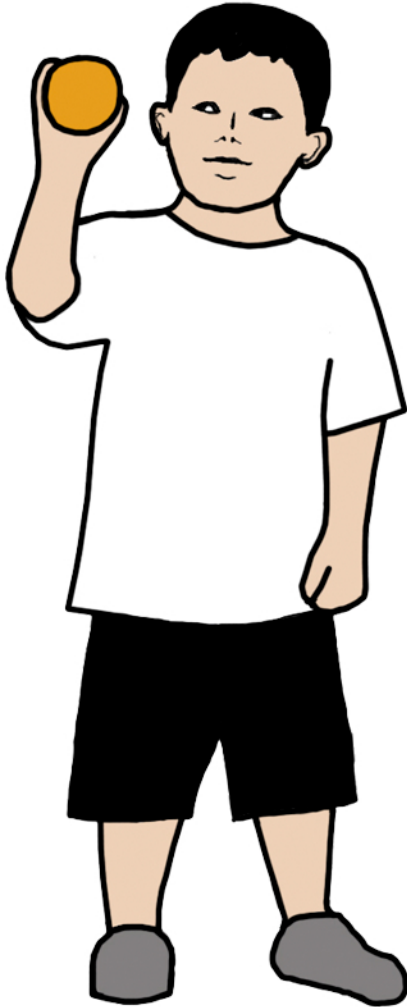


Throw



Throw

Children will progress from passing a ball with two hands to throwing underarm

Progression:

- Hold a ball/object with two hands
- Push a ball/object along the ground
- Roll an object along the ground
- Move a ball along the ground around the body
- Bounce a ball with two hands and then with one hand
- Give an object/ball to another person with two hands from the chest, one hand from the shoulder
- Give an object/ball to another person with one hand from the shoulder
- Give an object/ball to another person underarm with one hand
- Throw an object/ball to another person with two hands from the chest, one hand from the shoulder
- Throw an object/ball to another person with one hand from the shoulder
- Throw an object/ball to another person underarm with one hand
- Throw a ball over arm with one hand aimed at a specific place or person
- Throw a ball over arm with one hand aimed at a specific place or person whilst traveling