

TRAFFIC SIGNS

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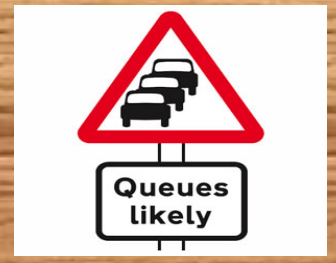
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TRAFFIC LIGHTS

1. RED - Stop and stand still
2. AMBER - Walk
3. GREEN - Jog
4. SPEED BUMPS - 2-2 foot jumping
5. ROUND-ABOUT - Go to colour corner and hop in a circle – hold hands to make circle
6. SCHOOL CROSSING – Skipping around the hall holding hands as a pair, this could also be done individually
7. WILD HORSES - galloping
8. UNEVEN ROAD - leaping
9. SIDE WINDS - side steps, right, left leg leads and switch. Mirror with a partner
10. HIDDEN DIP - crouch down, jump up and crouch down – on the spot
11. CYCLE AHEAD – lie on back and cycle legs or in shoulder stand
12. SLIPPERY ROAD – slide together, slide together
13. CATTLE GRID - tiny 2-2 jumping
14. ZEBRA CROSSING - Hop scotch across hall from window to PE store
15. TRAFFIC JAM - Get into a line down the centre of the hall, not touching each other
16. RISK OF ICE – 2 side steps at a time, changing direction in a zig zag pattern
17. BARRIER LEVEL CROSSING - I with legs scissoring
18. TRAINS, LEVEL CROSSING - go to colour corner, get in a line, hold onto elbows and get feet moving in time
19. CHILDREN PLAYING – hand patterns, up/down – together - clap
20. TUNNEL AHEAD - crawling on hands and feet