

Bertie's Big Adventure Challenge

Set Up

- If inside, use chairs, tables, cushions, toys, etc. and place them around the room at random.
- If outside, use any object or toy you have and place around the space at random.
- Each object will represent a tree in the woods.

The Activity

- Children to pretend to be the bunnies from the story.
- Ask them if they would like to be Bertie, Beatrix or Bree.
- They should go for a hop in the deep dark wood, being careful not to bump into the trees.
- Encourage the children to move the way that bunnies would move, i.e. bunny hops.
- Next encourage them to explore different ways of moving. Why not get them to use this month's skills-Jump, Crawl and Shuffle.
- When Jumping, they can be jumping over muddy puddles, on to rocks to cross a stream in the forest, sideways to get out of the way of a tree, backwards too.
- When confident, you can encourage the children to speed up.
- Encourage children to move through the objects in different ways, e.g. jump over cushions, through/under chairs, around toy car, etc. This will allow you to establish movement patterns.
- Encourage the children to try every object at different speeds.