

## Hungry Horse

### Equipment

Anything children can bend, pick up and spin whilst holding, e.g. beanbags, hoops, etc.

Show children how to spin, bend and gallop.

- Set up a few lines with the different objects spaced a few feet apart in the line.
- The children pretend to be horses and the objects on the ground will be food to give them energy.
- Each child at the front of the line should gallop to the first object, bend down, pick it up, pretend to eat it, spin around as the food has given them energy and they then bend back down and place the object back down.
- They then move to the next object and do the same.
- At the end of the line of objects, they gallop back and join the line of children at the back.
- The next child in the line then becomes the hungry horse.
- While children are waiting their turn, encourage them to either gallop or spin on the spot.

Encourage the children to spin both ways to prevent them from getting dizzy.