

Becoming Butterflies

This imaginative game can help children make more sense of lifecycles, particularly of the butterfly.

Egg

Butterflies start their lives as Eggs.

Can you roll up into a small ball and pretend to be an egg/

Can you roll around like an egg?

Larvae / Caterpillar

The eggs turn into larva or caterpillars.

They look like worms and are often very colourful.

Can you pretend to be a worm and slide along the ground?

Pupa / Chrysalis

Now the butterfly goes into a cocoon.

The cocoon is like a cosy sleeping bag made of silk.

The cocoons often hang from a branch.

Can you weave your cocoon?

Can you hang and swing like you are a cocoon hanging from a branch?

Adult Butterfly

Finally! The butterfly hatches from its cocoon.

Can you show me your beautiful wings?

Now let us use our wings to fly high in the sky.